



Swedish  
Covenant  
Hospital

SPRING 2012

# THE *Caring* TIMES

A SWEDISH COVENANT HOSPITAL PUBLICATION FOR ALUMNAE OF THE SCHOOL OF NURSING

*Letter from the SCHNAA Board*

## Dear Nurse Alumnae,

Inspired by a letter from alum Lyn (Rohrbach) Allen from the class of 1954, I thought it an ideal situation for a drive around the area of Swedish Covenant Hospital. Lyn expressed curiosity in how the campus has changed and what “the layout of the hospital now encompasses,” and I assume there are others in the group who are curious as well. Because we all had classes at North Park, I am including a bit of that nostalgia as well.

Each adventure down Foster Avenue is amazing! Decades of sameness remain until you cross Kimball Ave where you notice the area comes to life! Old Main stands tall flanked with new buildings—some even taller! Crossing Kedzie, I note that the Hot Dog stand is refurbished and the Athletic Field is still there.

Passing River Park we catch a glimpse of Galter LifeCenter, which offers cardiac rehab, physical fitness and health related instruction. The white pillars of the Covenant Office no longer stand.

Approaching California Ave, a feeling of activity prevails. Of course, the cranes, trucks, and steel beams add to the excitement and traffic. Yet, one is inspired by the abundance of life and sunshine streaming in on the three corners of Foster and California. The Southwest corner houses the Galter Medical Pavilion containing family practice, ambulatory care, pharmacy, and a small cafe. A landscaped garden rests behind, as does a Montessori Child Care Center. This is the only hospital-based Montessori in the U.S.! A bit further south is a multi-storied parking lot.



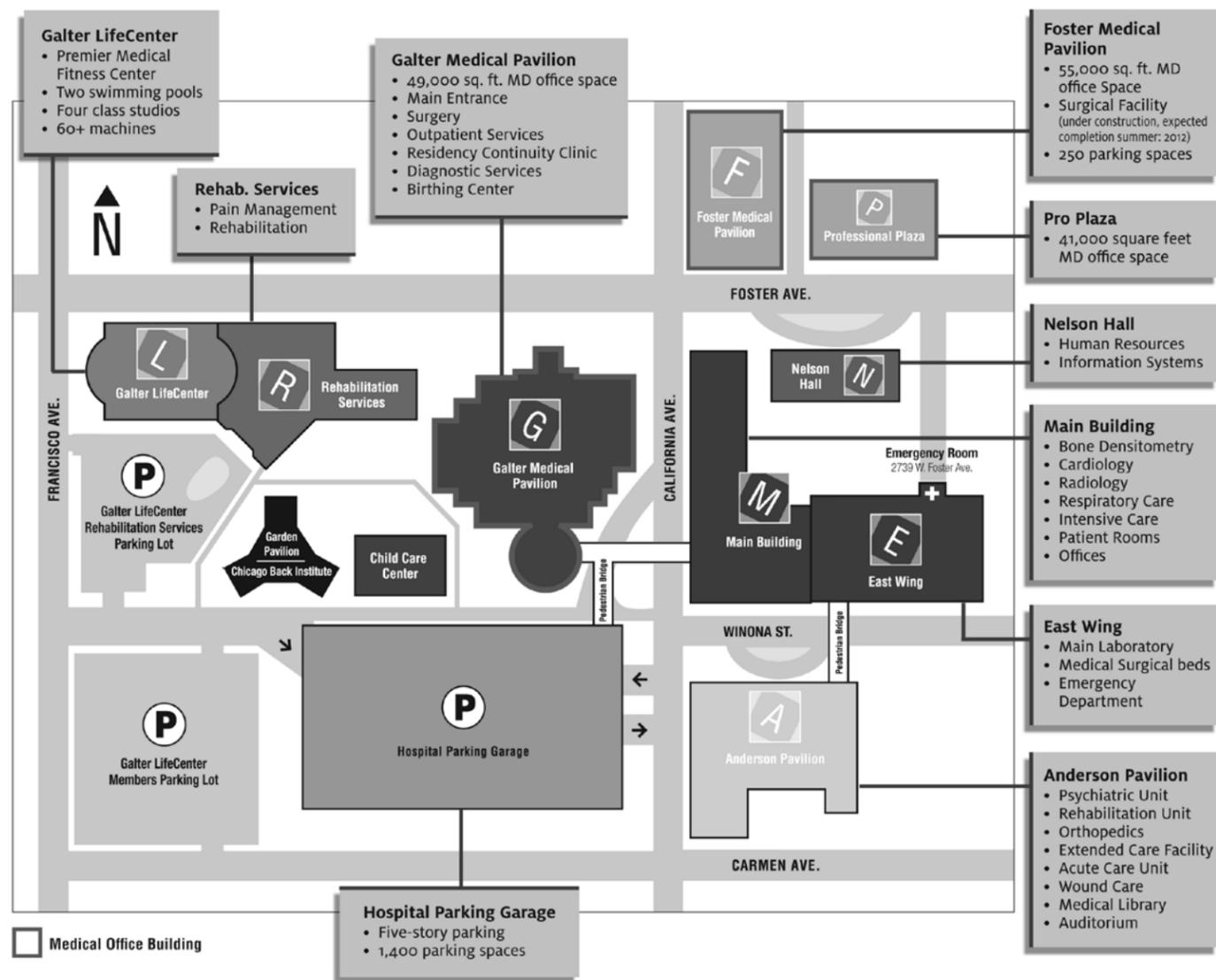
The Dorm remains on Winona and serves as offices and conference rooms and bears the name of Anderson Pavilion. YES—the tunnel continues to exist! The following page shows a current map, including building descriptions, of the Swedish Covenant campus.



Can you imagine a bridge across California to our dear old SCH? But do go inside and view the changes. Take a tour or you’ll be lost! The entrance to the Emergency Room is now on Foster behind Nelson Hall and replacing the old Covenant Home, which is now on the north side of Foster.

The northeast corner is where all the construction is going on. The one story Anderson Building has been replaced with a new ambulatory surgery building, which will have office space and another parking garage with ample space.

**Sharon Eager**  
*Class of '63*



### Seeking Email Addresses

Did you know that you can receive the Caring Times and other Nurse Alumnae information by Email? If you prefer this option over mailing to your home address, please get in touch with Cam Johnson at [cjohnson@schosp.org](mailto:cjohnson@schosp.org) or (773) 989-6256. This option might appeal to those who spend months away from their home and/or like to stay informed of the latest Alumnae news.



### Alumnae Spotlight

## A Nurse's Service in South Africa

"We never get experienced nurses," is the cry I heard time and again while in Cape Town, South Africa this past November. Upon hearing a message from Living Hope Ministries calling for medical people to help in South Africa, a group consisting of myself and some other volunteers from Armitage Baptist Church in Chicago jumped at the chance to go. In accordance with Living Hope's mission, our task was to provide medical assistance and education to individuals poverty-stricken and suffering with HIV and AIDS. I was very interested to see for myself how things really are in South Africa with respect to the HIV/AIDS issue, and pleased with the opportunity to perform nursing duties while there.



For anyone who has ever seen Cape Town, it is gorgeous, lush and tropical; a picture perfect postcard looking place. However, not far from the unbelievably beautiful tourist areas are neighborhoods filled with people struggling in unbelievably poor living and working conditions. I must admit, it was quite jarring when I came upon the shanty towns and migrant worker camps. The number of people living in such circumstances is currently a staggering 30,000. As if life is not difficult enough for these folks, many are infected with the HIV/AIDS viruses.

During the couple of weeks I spent in Cape Town, I utilized my nursing skills and helped out wherever needed with most of my service focused on healthcare teaching and performing breast exams. The number of people I saw suffering from ailments was overwhelming on the face of it, but I tried my best to simply do what I could for the person in front of me at the time. Isn't this what Swedish Covenant taught us to do all those years ago in nursing school? This was called patient-centered nursing back then and is as true today as it was when we first learned it.

This experience ranks as one of the most meaningful in my life. Thank you for the support from friends and graduates of Swedish Covenant Hospital School of Nursing for making this trip possible for me.

*Written by Norma Singer, class of 1965*

*Do you have a story or experience you would like to share with the group? If so, we want to hear from you... Maybe the next Alumnae Spotlight can be on you.*



### 2012 SCH Nursing Alumnae Reunion!

This summer we come together to celebrate another anniversary from Swedish Covenant Nursing School. The 2012 Reunion will take place on Saturday, June 30 and consists of a coffee hour, Chapel service and tours at SCH in the morning, followed by a luncheon at the Doubletree Hotel in Skokie.

All are welcome to attend the Reunion festivities. This year we pay special tribute to the classes of 1942, 1947, 1952, 1957, 1962 and 1967. We hope to see you there!

See details and RSVP form in this newsletter.



From the Desk of **Mary Shehan, RN**  
*Senior Vice President, Chief Nursing Officer*

**T**he American Nurses' Credentialing Center (ANCC) implemented a dynamic new Magnet model in 2008, which guides the transition of Magnet principles to focus health care organizations on achieving superior performance. The refined format provides a framework for the future of nursing practice and research while serving as a roadmap for organizations seeking Magnet recognition. The program's 14 foundational Forces of Magnetism are now incorporated into the Magnet model's Five Components. The new model provides a foundation for structure and process while emphasizing the importance of nursing leadership and the achievement of superior performance as evidenced by clinical practice outcomes.

**Transformational Leadership:** Today's leaders must transform their organization's values, beliefs, and behaviors to meet the demands of the future.  
**Structural Empowerment:** Solid structures and process developed by influential leaders provide a practice environment where

professional practice flourishes and the organization's mission, vision and values come to life.

**Exemplary Professional Practice:** Nurses demonstrate skills and behaviors that are worthy of honor, respect, imitation, and admiration.

**New Knowledge, Innovation, and Improvements:** There is an ethical and professional responsibility to contribute new knowledge, innovations, and improvements to ensure future success.

**Empirical Outcomes:** Empirical outcomes focus on results and differences that can be demonstrated based on the application of sound structure and processes in the healthcare team, organization, and systems of care.

Activities that support our re-designation initiatives include: developing a Succession of Clinical Leadership program; participating in a research program looking at the importance of a New Graduate Nurse Transition to Practice program; and continuing with our annual Nurse Residency program.



From the Editor **Cam Johnson**  
*Liaison to SCH Nursing Alumnae*

**O**n April 10, attending Maggie Henneberry's funeral, I was again reminded of what makes the Swedish Covenant Hospital Nursing Alumnae so special. It is made up of special people; people who desire to help those hurting or in need, and effortlessly put others ahead of themselves. In hearing family and friends speak about her, it is clear that Maggie was very much this type of person. The SCHNAA Board will miss this longtime friend and leader of the group and invites you to send in a note, sharing anything you would like to say about Maggie, to be included in the next Caring Times newsletter.

As I have had the opportunity of getting to know more and more Nurse Alumnae, I marvel in seeing a bit of Maggie's wonderful traits in all of you. Whether or not nursing became your career following nursing school, a commitment to putting others before yourself is visible in graduates of SCH School of Nursing. Evidence of this is found in stories like Norma Singer's South Africa mission

trip, and certainly in the way so many of you have stepped up in making membership dues payments as well as generous gifts to Swedish Covenant. This support, which truly benefits the hospital, just amazes me! Even though it was many decades ago when you were here learning and practicing nursing (and occasionally getting into trouble), the connection to each other and to the hospital remains strong. A note I recently received from Sylvia Helser, class of '62, said it well: "There is just no other bond quite like the one that holds the SCH Nursing Alumnae to each other."

I look forward to celebrating with you at the upcoming reunion on June 30<sup>th</sup> and to the months ahead as I seek to meet with as many Nurse Alumnae as possible, and be further amazed by your lives and dreams. So, do not be surprised if I contact you in the near future...I just want to know you, share stories about a place we love, and provide opportunities to participate in the life of Swedish Covenant Hospital.

## In Loving Memory

Judith (Lowell) Wendt '57  
*August 9, 2010*

Patricia (Kemen) Pedersen '60  
*April 8, 2011*

Anna Jane (Johnson) Hult '44  
*December 4, 2011*

Carol (Hamstra) Fitzgerald '55  
*October 15, 2010*

Cleo (Main) Hummel '44  
*May 28, 2011*

Darolyn (Scott) Christiansen '65  
*January 8, 2012*

Doris Sanderson '49  
*November 28, 2010*

Aina (Granstrom) Beckman '47  
*June 2, 2011*

Sally (Gruman) Rempke '57  
*January 24, 2012*

Lillian (Wahlquist) Ruppert '46  
*December 27, 2010*

Chiyo Shigeno '48  
*July 11, 2011*

Phyllis (Nelson) Abbott '46  
*January 25, 2012*

Masano Kamiya '47  
*December 31, 2010*

Barbara (Jones) Burns '62  
*June 16, 2011*

Janice (Dogger) McCall '51  
*March 1, 2012*

Virginia (Schreiber) Reinecke '42  
*January 11, 2011*

Elsie (Hanson) Swanson '53  
*September 22, 2011*

Margaret (Lane) Henneberry '68  
*April 5, 2012*

## Our Scholarship Dollars at Work

**L**ast fall the SCH Nursing Alumnae Association presented Kyra Anderson with a scholarship. Kyra began North Park University with an eye on becoming a physical therapist but, after spending her sophomore year studying in Sweden, she decided to become a nurse. Throughout her college career she not only achieved excellent grades but was the captain of North Park's extreme Frisbee team and worked as a nanny for a few days each month.

Kyra enjoyed her nurse internship at Swedish Covenant Hospital last summer and said it provided a valuable experience, not only in learning the routines, but in getting to know and better understand the great diversity of patients. She strongly believes that

it is the job of the nurse to "see the patient as a person with an illness, not just a diagnosis." This is congruent with her philosophy of nursing which includes, "Nurses should provide compassionate care to all people, regardless of their background and religious views. Everyone deserves to be treated as God's precious creation. I believe that as a nurse I will be able to serve God through serving others."

We are pleased to say that Kyra recently accepted a position at Swedish Covenant as RN for OB/Labor and Delivery. We wish her all the best!

*Submitted by Phyllis Anderson, class of '65*

## Breast Health Program

Since 2006, a core component of SCH's breast cancer program has been its Breast Health Program (BHP). This grants-funded program was established to meet the needs of the growing numbers of low-income community residents who are without insurance and a means to pay for breast cancer screening and detection.

The program provides: community outreach and multilingual breast health education; no-charge screening and diagnostic mammograms, ultrasounds and biopsies for uninsured women; transportation assistance; and, patient navigation. BHP has delivered breast health education to hundreds of adults in many different languages through education events; provided mammograms and/or ultrasounds to over 1,000 uninsured women; navigated uninsured women through biopsies and a full range of support services for those diagnosed with breast cancer.

Since BHP's establishment, Swedish Covenant has annually observed significant increases in the demand for services, likely a reflection of both the state of the economy and the program's growing visibility within the hospital's service area and beyond. Fortunately, SCH recently received yet another grant allowing the hospital to hire an additional breast health navigator.

Swedish Covenant Hospital acknowledges the existence and success of this program would not be possible without the generous funding from National Breast Cancer Foundation, Susan G. Komen for the Cure, A Silver Lining Foundation, and many individual donors as well as the dedication and effort put forth by the SCH Foundation and the hospital's team of clinicians. If you are interested in supporting the Breast Health Program, we welcome you to send a donation to the hospital at the address printed on the back page.

## Electrophysiology Program is Expanding

In recent years, cardiac surgical services have become increasingly advanced, particularly in regard to congenital heart disease. Children who undergo corrective cardiac surgery for congenital anomalies are surviving into adulthood thanks to advances in the field. However, these children often grow up experiencing a variety of arrhythmias as a result of cardiac surgical scars. Fortunately, many of these cases can be treated with minimally invasive ablation procedures which can prevent future complications and address symptoms.

The need for pediatric electrophysiology (EP) services has never been greater, and there are still very few in the Chicago area. With this trend in mind, Dr. Kamran Aslam, an electrophysiologist at Swedish Covenant Hospital, has training to serve patients who have had cardiac surgeries as children and are experiencing heart rhythm disturbances as a result of surgery. Consultations for evaluation of heart rhythm disturbances can be scheduled within a convenient timeframe. This service will particularly benefit families who would otherwise wait 6 months or more to see a pediatric EP physician.

## Construction of FMP Nearing Completion

As mentioned in the cover article, Swedish Covenant Hospital broke ground on a new building in January 2011 at the northeast corner of California and Foster avenues. The hospital feels the addition of this building, which includes an ambulatory surgery center, is imperative in helping SCH meet the growing healthcare needs of the community.

Some of the details of this new building, known as the Foster Medical Pavilion, include:

- same day procedures
- physician offices for more than 40 specialties including orthopedics, neurology and thoracic care
- a public pharmacy
- a new restaurant, Au Bon Pain
- ample parking space
- upholds "green" building standards with LEED Silver Certifications

The construction of FMP is moving along at a fast pace and is expected to be fully complete and ready for use in the summer of 2012.

## Swedish Covenant Hospital Nursing Alumnae Association ANNUAL REUNION LUNCHEON *Celebrating the Class Years of '42, '47, '52, '57, '62 and '67*

**SATURDAY, JUNE 30, 2012**

8:30-11:00 am Coffee Hour, Chapel Service and Tours at SCH

Noon Luncheon at Doubletree Hotel  
9599 Skokie Boulevard, Skokie, IL 60077  
For room reservations, call 847.679.7000. Room rate for our group: \$119 before June 7

### 2012 SCHNAA LUNCHEON RESERVATION

Luncheon reservations **must** be received by Monday, June 25, 2012.

Name	Maiden	Class
Address	City, State	Zip
Phone	Email	

Guest Name(s)

Amount enclosed @ \$30.00/person \$ \_\_\_\_\_ Missionaries are welcome as our guests.

Reservations also accepted via email or phone by contacting Cam Johnson at cjohnson@schosp.org or (773) 989-6256. Payment also accepted at the Luncheon.

Please indicate whether or not you plan to attend the morning events at the hospital:  Yes  No

### 2012 SCHNAA DUES NOTICE

\$30.00 Annual Membership (separate payment from luncheon)

If you have already contributed your 2012 dues via online payment or by sending in check, THANK YOU!  
For those who have not yet paid, you may mail check and this form to the address below.

Name	Maiden	Class
Address	City, State	Zip

**Return this form to: SCHNAA,  
Attn: Cam Johnson  
5145 N. California Ave.  
Chicago, IL 60625**

# THE *Caring* TIMES

is a publication of Swedish Covenant Hospital's Nursing School Alumnae Association and the Foundation Office.

Mark Newton, President and CEO

Editor: Cam Johnson

We try to be as accurate as possible with the information that we have available. Please inform us of any misspelled names or inaccuracies by calling (773) 989-6256. We value your input.

To learn more about the Hospital's current programs, upcoming events or to make a gift in support of Swedish Covenant Hospital, please call (773) 989-6256.

Please send any class notes or address updates to  
Swedish Covenant Hospital  
Foundation Office  
Attn: Cam Johnson  
5145 N. California Ave.  
Chicago, Illinois 60625



**JOIN US!**  
*For the 2012 Reunion*  
*Saturday, June 30th, 2012*

RETURN SERVICES REQUESTED

5145 North California Avenue | Chicago, Illinois | 60625  
773.878.8200 | [SwedishCovenant.org](http://SwedishCovenant.org)

Swedish Covenant Hospital



NON PROFIT ORG.  
U.S. Postage  
**PAID**  
Chicago, IL  
Permit No. 2869