



Swedish
Covenant
Hospital

FALL 2008

THE *Caring* TIMES

A SWEDISH COVENANT HOSPITAL PUBLICATION FOR ALUMNAE OF THE SCHOOL OF NURSING

Dear Alumnae,

In June classmates gathered once again to celebrate all things Swedish Covenant! A busy morning of tea, tours and the chapel service led to a wonderful luncheon attended by 105 alumnae and guests. Every year I tell myself we should videotape our gathering and then forget to do anything about it for the following year. There are so many memories relived and stories retold. What a rich history the Swedish Covenant Hospital School of Nursing has!

It never ceases to amaze me that year after year the graduates return and pick up where they left off—whether that was last year, 5 years ago, or 25 years ago! The Lord has indeed blessed us with close bonds that do not break.

This year was very special for my class as we celebrated 40 years since our graduation. As I sat there and took in all my classmates I knew we had been a blessed class. Some of our missionary gals were home, some had come through serious health issues, and some were raising more children as they cared for their grandchildren. It was so good for the soul to catch up on what everyone had been doing and what their children were doing.

I did some research during the winter and found out that our alumnae association is a rare gem. There are very few hospital based nursing programs that have alumnae associations and even fewer who remain active. So, consider yourself part of a rare jewel collection!

I look forward to our 2009 meeting. The last class of the school, 1969, will be celebrating their 40th anniversary! Enjoy the Caring Times! May God hold you close in the palm of his hand until we meet again.

Maggie Henneberry



2008 Reunion



Class of 1938
Doris Hulten Erickson



Class of 1943
Helen Beckstrand Edelnant, Marilyn Cedarleaf, Marvene Morner Roos



Class of 1948
June Hansen Van Natta



Class of 1953
Betty Grieder

Class of 1958

Left to right, first row: Edythe Blomberg Gravley, Ruth Erickson Johnson, Anita Gaertner Lewis, Margaret Brewer Kingsley, Kathleen Smail, Caroline Brassington Shoberg, Martha Carlborg Farina, Joanne Bergstrom Sirag, Lura Alexander Lawrenz, Lillian Bengston Carlson, Esther Bartel Ruff.

Second row: Barbara Gonia Van Horn, Joanne Johnson Stuart, Norma Rogers McElheny, Vickie Franson Hadeen.

Third row: Ruth Peterson MacMiller, Janet McBride, Joan Leonard Rohrbacher, Carolyn Nykerk Simpson.

Fourth row: Eleanor Highdale Hendricksen, Margaret Rudin Marett, Marianne Kopanke Bohr, Marion Lindbloom Swanson.





Class of 1963

Front row, left to right: Betty Plankis Hamilton, Margaret Glasser Davis, Martha Sandin Johnson, Kathleen Cheney Pearson, and Sharon Lindblom Eager

Second row: Diane Schultz Hettinger, Judy Anderson Johnson, Charlene Dial Curtis, and Darlene Vogel Van Meir

Third row: Louise Finzel Nordengren, Louise Westberg Hedstrom, and Edith Larson Bengtson

Last row: Elena Eckert Pilditch, Jean Anderson Johnson, and Patricia Jennings Koontz



Class of 1968

Front row, left to right: Marilyn Franklin Johnson, Anna Shold Boemig, Paulette Jorgensen D'Auria, Judy Behl Cruz, and Margaret Lane Henneberry.

Second row: Faith Wuensch Hamilton, Kathy Friberg Anderson, Jean Meeland Menconi, and Susan Johnson Tanner.

Third row: Rachel Hamilton Doyle, Donna Mielke Clark, Joanne Norder Lakemacher, and Janell Lindman Almquist.

Last row: Patricia McEvoy Worden, Pamela Erickson Nystrom, Mary Dekker Hollebeek, Dorothy Nelson Nyberg, and Sharilyn Bartsch Nydam

Reunion 2009 Update

The annual reunion usually held every June will move to early October to coincide with the annual SCH Gala where the nursing alumnae will be honored with the 2009 Spirit of Compassion Award. The annual SCH Gala is attended by 900 guests and is the premier hospital function and fundraiser of the year. As an incentive for all nursing alumnae to attend and receive this special honor the regular ticket price of \$350 has been reduced to \$100 for all nurses and \$100 for one guest. The ticket price includes all weekend activities including transportation from the hospital to the Gala site.

A save the date card with all of the details regarding weekend events and lodging will be mailed this winter.



SCH Nursing Update

Swedish Covenant Hospital, Division of Nursing has been on the journey towards Magnet Designation for well over a year and half. As a nursing team we have accomplished much. The Nursing Professional and Quality Department has been enhanced. Under the leadership of Director of Nursing, Laura Rogers, RN, MSN, we have implemented an enhanced Preceptor Educational Program, in which more than 120 of our staff nurses are completing. In addition, the newly developed Unit Based Educator role has been added to our leadership team. Unit Based Educators are found in Obstetrics, Emergency Department, Surgical Services, Home Health, Medical/Surgical Units, Rehabilitation, Telemetry and Critical Care. These educators along with strong nursing preceptors are working hard at creating the optimal orientation and on-going education for our nursing and support staff.

Implementing evidenced based research and supporting new research is paramount

to the delivery of quality care at the bedside. SCH is very fortunate to have added Trudy DeWaters, PhD, RN to our leadership team. Trudy brings her expertise in research to our clinical staff, overseeing our research committee. Current clinical studies underway at SCH include projects in Obstetrics, Perioperative Recovery Room, and Home Health.

On a final note, it's our desire to recognize and support clinical excellence. More than 20% of our bedside nurses are nationally board certified in their specialty areas. These nurses are then eligible to be recognized internally at SCH as a Clinical Level III or Level IV nurses. It is through the generous contributions of the nursing alumnae, we have funded our nurses' preparation for these national tests. This preparation and ultimately the recognition of certification ensure to our patients that we have the "best of the best" at the bedside.

Get Health and Wellness Information Every Month

Swedish Covenant Hospital has launched its very popular electronic newsletter called eHealth. All nursing alumnae can receive monthly information on health and wellness trends, community and hospital events, and much more for free via your e-mail.

To sign up for eHealth please go to www.swedishcovenant.org/subscriptions

The screenshot shows the eHealth newsletter interface for July 2008. It features a header with the Swedish Covenant Hospital logo and the eHealth title. Below the header, there are several sections: 'Health & Wellness SPOTLIGHT' with a tip about citrus fruits; 'Interested in working at Swedish Covenant Hospital?' with a link to career opportunities; 'Upcoming Events' listing various programs from August 1 to 13; 'Just For You' with articles on 'BACK TO SCHOOL, ALREADY?', 'WHAT'S GOING ON @ SWEDISH COVENANT HOSPITAL' (including new science, alternatives, new location, and healing), and 'New Radiation Therapy for Breast Cancer'. Each article includes a brief description and a 'Learn more' link.

Healing Garden Open For All To Enjoy

On Thursday, August 21 the Healing Garden at Swedish Covenant Hospital was unveiled to over 100 guests at the annual Donor Night celebration. The Healing Garden, located behind the Galter Medical Pavilion between the Child Care Center and Galter Life Center is an oasis created to help foster a sense of well-being for patients, their families, and the entire SCH community.

The garden designed by renowned landscape architect Maria Smithburg features an aqua fountain, children's labyrinth, a meadow bridge, and various stunning trees and hedges including an evergreen.

Studies have shown that healing gardens provide a natural setting where patients can experience stress reduction and potential relief from symptoms while experiencing an overall feeling of serenity and spiritual well-being. The healing garden will offer a respite from the typical hospital environment by providing serene sanctuaries in an outdoor setting.

This first healing garden is under the



available for many of the garden's features.

Through December 31, 2008, any size gift made to the sustainment of the garden will be permanently honored with your name or a loved one's name within the garden.

For more information on the garden and to make a gift please contact Caryn Sanders-Marcus, Manager of Individual Giving at (773) 989-6246 or cmarcus@schosp.org or by mail at the Foundation address located on the back cover of *The Caring Times*.



Nurse alum Mary Ann Ahlgren '66 and Betty Nelson



The Richard and Roxy Pepper Aqua Garden

umbrella of the Donna LaPietra and Bill Kurtis Healing Garden Society. Both Donna and Bill have shown great compassion and integrity in their commitment to advancing a healing environment for the community. You may know Bill from his days here in Chicago broadcasting the news on CBS and as a legendary television documentary host.

There are many opportunities to become involved, support and sustain the Healing Garden. Naming opportunities are still



Donna LaPietra and Bill Kurtis in the Children's Labyrinth named by the Medical Staff.

Missing Alumnae

We are always trying to keep our records accurate and up to date so that we can reach as many of our alumnae as possible with the newsletter, invitations, and other communications. The following is a list of alumnae for which we have no contact information. If you know where any of these alumnae are please contact Caryn Sanders-Marcus, Manager of Individual Giving with the Foundation at (773) 989-6246 or cmarcus@schosp.org. Thank you for your help.

FIRST NAME	LAST NAME	MAIDEN NAME	DATE GRADUATED	FIRST NAME	LAST NAME	MAIDEN NAME	DATE GRADUATED
Bernadine	Adams	Anderson	1943	Grace	Kolb	Lindahl	1947
Nancy	Alderson			Margaret	Krehbiel	Nelson	1965
Alice	Alexander	Blomquist	1941	Frances	Larson	Appel	1948
Donna	Anderson	Kossen		Edith	Larson	Nelson	1949
Ingrid	Anderson	Engblom	1958	Ella	Lee	Rose	1948
Sue	Anderson		1964	Mary	Lee	Lundeen	1963
Verda	Baridon	Landon		Lois	Leyson	Johnson	1950
Carol	Bennett		1959	Inez	Lindberg		1942
Patricia	Bolin		1966	Verna	Lundberg		1942
Susan	Bolks	Pfleeger	1965	Shirley	Mathews	Langton	1949
Shirley	Bradley		1955	Carol	Millen	Bateman	1958
Edna	Cabell	Ness	1959	Vallie	Milloway	Sharpe Craddock	1963
Thelma	Carlson		1953	Virginia	Moberg	Seaborg	1946
Ruth	Cumberworth		1965	Joan	Nelson	Carlson	1953
Lela	Dean	Christenson	1955	Geri	Olson		1957
Joy	Dilg		1959	Jacquelyn	Parker		1945
Frances	Engstrom		1941	Elizabeth	Powrie		1951
Marie	Evans	Miller	1949	Linda	Reynolds	Disney	1963
Sarah	Evans	Sverchek		Phyllis	Roeder		1965
Pauline	Ferguson	Bard	1951	Joan	Ryan		1955
L. Mildred	Fleming	Davis	1950	Marilyn	Ryan	Hughes	1961
Jill	Garrou	Stemple	1968	Jeanette	Seaberg		
Jana	Gilman		1960	Pat	Sexton		1942
Edythe	Gravley	Blomberg		Mae	Simonson		1948
Rhoda	Hess	Harlow	1960	Jean	Skoglund	Westerberg	1956
Carol	Hilty	Seal	1953	Irma	Smith	Nelson	1945
Edith	Hitchington	Howard	1949	June	Smith	Willmington	1965
Mary	Hobaugh		1948	Dorothy	States		1964
Sandra	Holton		1966	Evelyn	Stella		1939
Barbara	Hull	Anderson	1955	Grace	Taylor		1953
Marie	Hunt		1940	Ruth	Wang		1948
Carol	Jacobson	Pierucki	1964	Mary	Westberg		1958
Edna	Jenks		1937	Robert	Willoughby	Kimble	1951
Sheryl	Johnson			Betty	Wilson	Crowell	1943
E. Margaret	Johnson	Anderson	1940	Ruth	Winstedt	Clauson	1943
Genevieve	King		1963	Elizabeth	Wortinger		1950

Scholarship Committee

We, the alumnae of Swedish Covenant Hospital School of Nursing are continuing the long standing support of nursing education. This year at the luncheon, we were able to present two scholarships to close descendents of graduates of our School of Nursing. We have potential recipients for next year.

One recipient this year is Kara Cassel. She is the granddaughter of Bonnie Gilpin Forman '59. Kara is attending the University of Oklahoma in Tulsa, and is entering her senior year. Her future plans include short term medical mission trips and becoming a nurse

practitioner in pediatrics.

The other recipient is Stephanie Feijoo, daughter of Karen Kelly Feijoo (graduate of North Park University) and granddaughter of Carolyn Erickson Kelly '50. Stephanie was raised in Ecuador where her parents were missionaries and is a senior at North Park University. She is presently fulfilling her community health requirement in Ecuador this summer. Her plans are to work in Chicago then pursue a master's degree and return to Ecuador as a missionary nurse.

Nursing Alumnae Receive Hospital's Most Prestigious Award

It was announced at the June reunion luncheon that the SCH School of Nursing Alumnae will receive the Spirit of Compassion Award at the annual hospital Gala in October 2009.

Since 2002 the Spirit of Compassion Award has recognized outstanding individuals and organizations that have had tremendous impact on the lives of many over the years. The recipients of the award have given selflessly of themselves to improve the human condition beyond the walls of SCH, reaching throughout our city, state and country, and often across the globe.

In honor of the 40 year anniversary of the last graduating class and all those who came before them the Spirit

of Compassion Award committee has chosen all nursing alumnae to receive this prestigious award for your selfless service and commitment to compassion.

Past recipients include:

Rev. Glenn R. Palmberg
Bill Kurtis & Donna LaPietra
Bernice Brandel
Dr. James McCormick
Dr. Timothy Johnson
Jack & Dollie Galter
Dr. Paul Carlson
Studs Terkel
Ron Santo
Ingvar Wikstrom
Dr. Virginia Ohlson
Dr. Roger G. Thorpe



Rev. Glenn Palmberg receiving the 2007 Spirit of Compassion Award from CEO Mark Newton

We encourage all alumnae to consider attending this special event. Information will be arriving this winter with details of Gala 2009. It will be an evening to remember.

Missionary Updates 2008

Pat Bush Shea '64

Liberia

In the 1970s when African nations were suffering coups left and right, everyone said it could never happen in peaceful Liberia. Pat (Bush '64) and Jon Shea continued to live and serve the Lord with Radio ELWA and ELWA Hospital, gained friends and raised two children. By 1980 Liberia had its bloody coup, and in 1990 just as their daughter completed her high school, came its civil war. After fifteen years of wave upon wave of fighting and unimaginable atrocities, near total destruction of infrastructure and flight of professionals, Liberia was a "basket case."

A page has turned. Since the inauguration of President Ellen Johnson-Sirleaf early in 2006, Liberians are beginning to hope. In a remarkable October 2007 interview

the President said that, to her, the most encouraging change was to see the children smile again. Read the whole report on the Web at allafrica.com/stories/printable/200710181026.html.

Shirley Anderson Bermudez '53

Mallorca, Spain

Since last summer I have been in and out of the hospital twice for cancer in the lower abdomen. I have a colostomy from 2001, but this happened much to my shock. The chemo and radio therapy almost made it impossible to get through to today, but the doctors finally realized I was not doing well on the treatment and stopped it. Now it is the long, long road to recovery and reestablishment of old "organic" values and an improved

spirit. Though I have treated many depressives in my life, I did not know the measure of sadness the one has to face for whatever reason. It is not pleasant and is a challenge to one's faith.....Soren Kierkegaard made the statement once that "Life can only be understood backwards, But it must be lived forward."

Kathy Arnold Solvig '55

Lexington, NC

The letter and missionary gift arrived yesterday just in time for us to take it to Africa. We look forward to seeing our son, Arnie, his wife and our three grandchildren as well as nephew and niece who are new missionaries. We will be helping in any way we can and lead a Vacation Bible School.

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Mark Newton, President and CEO

Editor: Caryn Sanders-Marcus

We try to be as accurate as possible with the information that we have available.
Please inform us of any misspelled names or inaccuracies by calling (773) 989-6246.
We value your input.

Please send any class notes or address updates to
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